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HELPING HANDS OF PUTNAM COUNTY: Phone: (931) 526-3838
421 Broad Street
Hours: Mon – Fri. 9-12 and 1-3 pm
Services: Food, Clothing, Electric, Rent, Natural Gas, Prescriptions. Fuel help (out of town doctor visits only)
-Food every 60 days (as needed only), financial help every 6 months for electric, prescriptions, and rent assistance (rent once in a while, is hard to get approved)
-First visit must have photo ID, social security cards for anyone living in the house and address verification showing proof living in Putnam County.
-No child care or days out programs.

SYCAMORE CHURCH OF CHRIST: Phone (931): 526-5427 or (931) 526-1454
1144 Crescent Drive
Hours: Wednesday’s ONLY, 9:30am – 11:30am
Services: There is a trailer on the church parking lot to fill out applications, help is done on a case by case basis, will help on food, rent and clothing.
Food once every three months other services once a year.
Clothing if they have any. All services depend on funding on hand.
No child care or days out programs.

THE CARE CENTER: Phone (931)520-4881
406 Short Street
Hours: Monday, Wednesday and Fridays 12:00 – 2:00 pm
Services: Food, Clothing and help on Utilities (pay $50 once a year on utilities)

TRINITY ASSEMBLY CHURCH: Phone (931)537-9814
537 Wall Street, Algood
Hours: Monday thru Thursday 10:00 – 3:00 pm Please call for an appointment
Services: Food, Clothing, Utilities, Rent, Gas, Prescriptions.
Food and Clothing is for anybody, other services they must be living in Putnam County.
Pay the last $50.00 on utilities and the prescriptions depends on the type of meds (do not pay for pain killers).

GENESIS HOUSE: Phone: Crisis Hotline 1-800-707-5197 or (931)526-5197 or (931) 526-4730
Services: offer housing for abused women and help then in the right directions, refer them to others for help with what they need.

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VOLUNTEER BEHAVIORAL HEALTH SERVICES: Phone (931) 432-4123
PLATAEU MENTAL HEALTH CENTER
1200 S Willow Avenue
Melissa Thomas – Homeless Outreach Coordinator
Homeless Services – must be homeless, willing to receive mental health treatment (must not already be in treatment). As needed, may provide 1st month rent, or security deposit, and help with turn on utilities as needed. Refers to other resources, and provides case management by appointment up to 1-month after housing. Veterans program (Renee Johnson) – homeless veterans, must have DD214 showing at least 1 day of active service.

ST. THOMAS AQUINAS CATHOLIC CHURCH: Phone: (931)526-2575
421 N. Washington Avenue
Services: Electrical, Rent, and prescription help, and some other things they may need help with. Need to call (931) 372-1368 and leave their name, address and phone number. Speak slow and clear, will need amount of utility bill and shut off date. This number is checked every day at 3:00 pm then they will call them back. No child care or days out programs.

CHURCH ON THE HILL: Phone: (931)537-9504
5001 Phillips Cemetery Road, Algood
Hours: Tuesday 2 – 4 pm
Services: Utilities
Applications are taken at the church.
No child care or days out programs

POPLAR GROVE BAPTIST CHURCH: Phone: (931) 526-9355
4365 Rocky Point Road
Hours: Tuesday 2 – 4pm
Services: Support church members anyone else is referred to The Care Center.
Have a mother’s day out program on Mondays & Wednesdays 8:30 – 2:30 pm need to contact the director, Claricia at (931) 260-5718

WASHINGTON AVENUE BAPTIST CHURCH: Phone: (931)526-1917
1621 N. Washington Avenue
Services: They refer to The Care Center
No child care or days out programs

WILLOW AVENUE CHURCH OF CHRIST: Phone: (931) 432-2333
1150 S. Willow Ave.
Hours: Monday thru Friday 8 – 3 pm (Food Assistance)
Furniture on the last Friday of the month, need to call Monday of that week to make an appointment.

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FRIENDSHIP UNITED METHODIST CHURCH: Phone: (931)525-3555
5454 S. Jefferson
Have no programs, but will feed anyone attending services on Wednesday nights (except Summer months).

ALGOOD CHURCH OF CHRIST: Phone: (931)537-6221
Hours: Have a recording with directions.
395 W. Main, Algood
Services require an application (can pick up at church) that will be reviewed by a committee for approval.

LIFE CHURCH: Phone: (931)526-6900
2223 N. Washington
Services: Food & Utility Assistance. Call for an appointment Tuesday & Thursday 9 – 11 am (the last appointment is at 10:30). Mother’s day out on Tuesday and Thursday’s or Monday and Wednesday 8:00 am – 11:00 am (just need to call for details).

COOKEVILLE FREE WILL BAPTIST CHURCH: Phone: (931)526-8418
833 S. Willow
Services: ask pastor after services and he will direct you to person you need to talk with and then the committee will review request.
No child care or days out programs.

CHURCH OF CHRIST NORTHEAST: Phone: (931)526-2535
Call: Monday - Friday 8:00 am – 5:00 pm
450 Grandview Drive
Services: Food Pantry, need to call and they will have someone call you back.
No child care of days out programs.

FIRST CHRISTIAN CHURCH: Phone: (931)526-4241
780 Fairview Street
Hours: Monday - Friday 8:00 am – 3:00 pm
Services: Past due utilities, past due rent (must have an application and meet with committee). Food: Tuesday & Fridays (Call first between 8am – 9am, for pickup between 11 am and 11:30 must have an appointment). Day care is Noah’s Ark, phone: 931-528-7113, call for details.

RED CROSS: Phone: (931)528-3475
Hours: Have no set hours
Services: Hold meetings to help you prepare for disasters. Respond to weather disasters with food and clothing.

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1st UNITED METHODIST CHURCH: Phone: (931)526-2177
165 East Broad (go to Wesley Chapel)
Hours: Tuesdays only 2:30-6:00 pm
Services: Food Pantry, need to come in and bring proof of Putnam county residency & register. The food pantry is on Dixie and Broad behind the white church (it faces Broad) there is a sign on building that you will be able to see from the parking lot. Ask about clothing assistance. As needed for emergency rental or utilities, by application and reviewed by committee based on availability of funds. No child care or days out programs.

COLLEGESIDE CHURCH OF CHRIST: Phone (931)526-2661
262 E. Ninth Street
Hours: Monday thru Thursday 8:00-4:00 pm : Fridays 8:00 –Noon.
Services; Food Pantry Wednesdays 4:00-6:00 pm
Have a room with clothing that they can check.
Mother’s day out program, call Kathy Mattson 931-979-0930 for details.

COOKEVILLE RESCUE MISSION: Phone (931) 528-5819
1331 South Jefferson:
Open 24 hours a day, seven days a week. Offers temporary shelter. Three-day program: For single males needing a clean place to stay for a few days. 30-day program: For single males who have found a job and need a place to stay until they can accumulate enough money to move out or travel on. Lighthouse Family Lodge: Provides emergency housing for entire families. Ladies’ Dorm: Located in the Family Lodge; a safe place for single ladies. Dental Clinic: Several local dentists and hygienists volunteer their time for several months each year to provide dental care in the Rescue Mission dental clinic. Services are provided for free to Rescue Mission residents and resident staff members and are offered at minimal cost to those in the community who cannot afford regular dental care.

Food Pantries

THE CARE CENTER: Phone (931)520-4881
406 Short Street
Hours: Monday, Wednesday and Fridays 12:00 – 2:00 pm
Services: Food, Clothing and help on Utilities (pay $50 once a year on utilities)

God’s Grace Food Pantry: Phone (931)526-2177
Wesley Chapel
Hours: Tuesday 2:30-6pm

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Sycamore Church of Christ: Phone (931)526-5427
Hours: Wednesday’s ONLY, 9:30am – 11:30am
Low Income Housing
Putnam:
Highlands Residential Services 931-526-9793
Laurel Creek Apartments 931-528-7066
Walnut Village Apartments 931-528-7605
Highland Manor Apartments 931-839-7566

Dekalb:
Smithville Housing Authority 615-597-4140

White:
Pleasant Hill Apartments 423-586-1494
Knoll Crest Manor 931-836-3859
Oak Hills Annex 931-836-3010
Oak Hill Apartments 931-836-8127

Overton:
Mountain Grove Apartment 931-823-6626
Livingston Housing Authority 931-823-6423
Holly Hills Apartments 931-823-1118

Fentress:
Wheeler Manor Apartments 931-879-9359
Upper Cumberland Dev District 931-752-7260
Jamestown Village Apts 931-879-3900

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UPPER CUMBERLAND HUMAN RESOURCE AGENCY (UCHRA)
580 South Jefferson Ave, (931) 528-1127;  http://www.uchra.com/
8:00 am - 4:30pm Mon - Fri

NUTRITION ADULT CARE FOOD PROGRAM
Child and Adult Care Food Program; Eligibility: Contact UCHRA for complete program eligibility.
Nutrition Programs for Older Adults and Adults with Disabilities
Congregate Meals; Eligibility: 60 years of age or older.
Home delivered Meals; Eligibility: Older persons or other adults with disabilities that meet the requirements related to functional ability and as prescribed in the individual’s plan of care.
Ensure Available; Eligibility: Open to everyone. Contact your local UCHRA office for details.

Temporary Emergency Food Assistance Programs (Commodities)
The commodities Program provides surplus foods to households.
Eligibility: Meet low income guidelines. Contact UCHRA for complete eligibility.

CHILDREN’S SERVICES
Court Appointed Special Advocates (CASA)
Eligibility: Representatives are court appointed. To become a CASA volunteer, call the UCHRA office.

TRANSPORTATION SERVICES
UCHRA Public Transit System; Eligibility: Anyone can ride.
Cookeville Area Transit System (CATS): Eligibility: Anyone can ride
UCHRA Hub City Express; Eligibility: Anyone can ride
Job Access Transportation Program; Eligibility: Individuals that fall below 150% of the Federal Income Guidelines. Contact UCHRA for complete eligibility.
Rural Commuter “Van Pool” Program; Eligibility: Anyone with a valid driver’s license is eligible to lease short-term or long-term; must provide proof of insurance.
Driver Education; Eligibility: 15 years of age or older; no learner permit is required.
New Freedoms; Eligibility: Anyone can apply.

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COMMUNITY INTERVENTION SERVICES
Adult Community Corrections; Eligibility: Sentenced by Criminal Court Judges
Anti-Drug Coalition; Eligibility: Anyone whom may want assistance with drug and alcohol abuse.
DUI School; eligibility: Self-referred, convicted of a DUI charge 1st offense. Contact UCHRA for class dates and times.
Juvenile Community Intervention Program; Eligibility: Must be court ordered with a delinquent charge.

EMERGENCY SERVICES
Information and Referral Assistance; Eligibility: All individuals are eligible to receive information and Referral Services.
Rent, Utilities, and Prescription Assistance; Eligibility: Low-income and provide proof documenting an emergency situation.

ENERGY ASSISTANCE
Low-Income Home Energy Assistance Program (LIHEAP); Eligibility: Households must fill out an application available year round from all 14 county UCHRA offices or request an application to be mailed to them if they cannot come into the local office. Must provide documentation for all sources of income for those 18 years of age or older in household along with Social Security Number documentation. Energy usage and energy supplier information is also required in the form of current utility bill.
Crisis LIHEAP will be based on an uncontrollable circumstance(s), which must include a shutoff notice or a lack of home delivered fuel notice with at least one documented emergency situation as determined by DHS guidelines.
Weatherization Assistance Program (WAP): Eligibility: Low income or provide documentation of cash assistance through Families First. Must verify ownership of home or landlord must sign a rental guarantee in order for work to be completed. Contact UCHRA for complete program eligibility.

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IN-HOME SERVICES
Homemaker Aide and Chore Services for Older Persons and Adults with Disabilities; Eligibility: Older adults and other adults with disabilities that meet the requirements related to functional ability and as prescribed in the individual’s plan of care. Contact UCHRA for complete program eligibility.
Adult Protective Service (APS) Homemaker Services; Eligibility: Referrals for this service are made through TN Department of Human Services case managers.
State-Wide Home & Community Based Waiver Services
1. Homemaker Services
2. Personal Care and Personal Care Attendant Service
3. In-Home Respite Services
4. Home Modifications for the Elderly and Disable . Eligibility: Older person or other adults with disabilities who meet TennCare requirements related to functional ability as prescribed in the individual’s plan of care. UCHRA provides the above listed services in all 14 counties to clients referred to it through Tennessee Commission on Aging and Disability network.

EMPLOYMENT AND TRAINING
Work force Investment Act (WIA)
Youth; Eligibility: Individuals must be age 14 – 21. Contact UCHRA for complete program eligibility.
Out-of-School Youth; Eligibility: Individuals must be age 18 – 21. Contact UCHRA for complete program eligibility.
Adult; Eligibility: Individuals must be age 18 or older. Contact UCHRA for complete program eligibility.
Dislocated Work; Eligibility: Individuals must be age 18 or older. Contact UCHRA for complete program eligibility.
Title V Senior Community Service Employment (SCSEP); Eligibility: Individuals must be 55 years if age and over. Contact UCHRA for complete program eligibility.
Lakeside Resort and Educational Complex; Eligibility: Contact Lakeside Resort and Educational Complex for Culinary Arts Certifications and Hospitality Management Training and for arrangements for using the facility.
Tennessee Career Center@Cookeville; The Career Center offers a one-stop shopping concept for employers and job seekers: “The place where people and jobs connect”. The main office provides numerous workshops, seminars and training sessions to strengthen the Upper Cumberland workforce.

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RESIDENTIAL PROGRAMS
CHANCE Residential Center for Girls (Putnam County)
Eligibility: Youth must be 12 – 18 years of age; contact UCHRA for complete program eligibility.
Maximum capacity: 24
Indian Mound Residential Center for Boys (DeKalb County)
Eligibility: Youth must be 12 – 18 years of age; contact UCHRA for complete program eligibility.
Maximum capacity 16
Youth Impact Center for Boys (Cumberland County) UCHRA for complete program.
Eligibility: Maximum capacity 16
Residential Aftercare
The residential Aftercare Program is designed to provide intensive aftercare services for delinquent youth whom reside in the Upper Cumberland. Upon completion of one of the Residential Centers each youth is assigned to a residential Aftercare Case Manager, who seeks to provide services to meet the unique and cultural needs of both the youth and their family. This program is funded by block grant received from Tennessee Commission of Children and Youth. Eligibility: Youth that complete Residential Program.

TARGET POPULATION SERVICES
Ryan White Community Aids Partnership; Provides timely and coordinated access to medically appropriate levels of health and support services through ongoing assessment of the client and other key family members’ needs and personal support system. Key activities include an initial assessment of the service needs, development of a comprehensive service plan, coordination of the services required to implement the plan as well as client monitoring and periodic re-evaluation and adaptation of the plan as necessary over the life of the client. Additionally, (Transportation) includes conveyance services provided by UCHRA Public Transit or through a gas card for access to health care or psychosocial services and (Nutrition) provides nutritional support/food supplements with a licensed nutritionist; Eligibility: Low income; verification of diagnosis by health care provider; contact UCHRA for complete program disability.

Housing Opportunity for Persons with AIDS (HOPWA); Provides housing information services including counseling, information and referral to assist eligible individuals to locate, acquire, and maintain housing to prevent homelessness. Additional services include assistance with needs assessment and referral service through local, state, and federal benefits and services. Eligibility: Low income, verification of diagnosis by health care provider, contact UCHRA for complete program eligibility

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Economic Development Opportunities

Saving for Us Individual Development Accounts (IDA) Program; Saving for Us is a matched savings program designed to help low income individuals and families save for and purchase their asset dream. Participants open special savings accounts, Individual Development Accounts (IDAs) and save $30 or more each month. When individuals are ready to buy a house, launch a business, or go to school their savings are matched. Through the IDA Program individuals can strengthen their financial knowledge, sharpen their money management skills and repair their credit record in a ten part personal finance and money management workshop series. Eligibility: Low income; contact UCHRA for complete program eligibility.

AGENCY PHONE NUMBERS

Cannon County.................................................................615-563-2916
Chance Residential Center for Girls........................................931-526-4565
Clay County.................................................................931-243-3674
Cookeville Area Transit System (CATS).................................931-372-8000
Cumberland County..................................................931-456-0691
DeKalb County.............................................................615-597-4504
Fentress County.............................................................931-879-8040
Indian Mound Residential Center for Boys...............................931-761-5335
Jackson County............................................................931-268-9840
Lakeside Resort..............................................................1-615-597-4298
Macon County..............................................................615-666-3377
Overton County..............................................................931-823-7323
Pickett County..............................................................931-864-6540
Putnam County..............................................................931-528-1285
Smith County..............................................................615-735-0476
Tennessee Career Center at Cookeville....................................931-520-8733
Transportation Services................................................1-800-968-2472
UCHRA Central Office..................................................931-528-1127
Van Buren County..........................................................931-946-7151
Van Buren County Head Start............................................423-881-5182
White County..............................................................931-738-6255
Youth Impact Center for Boys..........................................931-707-1077

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BOARD OF EDUCATION CONTACTS

Putnam County Board of Education
1400 East Spring Street
Cookeville, TN 38501
Phone: 931-526-9777

Cumberland County Board of Education
368 4th Street
Crossville, TN 38555
Phone: 931-484-6135

Jackson County Board of Education
711 School Drive
Gainesboro, TN 38562
Phone: 931-268-0119
Web site: www.jacksoncoschools.com

Overton County Board of Education
302 Zackary Street
Livingston, TN 38570
Phone: 931-823-1287

Smith County Board of Education
126 Smith County Middle School Lane
Carthage, TN 37030
Phone: 931-735-9625

White County Board of Education
136 Baker Street
Sparta, TN 38583
Phone: 931-836-2229
Web Site: www.whitecountyschools.org

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Adult Education Contacts

Putnam County Adult Learning System
286 East Main Street
Cookeville, TN 38501
Phone: 931-528-8685
Web site: http://putnam.k12tn.net/Adult%20High/Adult_High/Welcome.html

Cumberland County Adult Education (TCAT)
910 Miller Avenue
Crossville, TN 38555
Phone: 931-337-5809
Web site: http://www.cumberlandliteracy.org/

Jackson County Adult Education
205 West Gibson Avenue
Gainesboro, TN 38562
Phone: 931-268-3929

Overton County Adult Education
312 W. Broad Street #B
Livingston, TN 38570
Phone: 931-823-7761

Smith County Adult Education Center
126 SCMS Lane
Carthage, TN 37030
Phone: 615-735-8246
Website: http://www.smithcountychamber.org/schools/

White County Adult Education
971 Smithville Hwy
Sparta, TN 38583
Phone: 931-738-7337

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