

Bedford County Community Resource Guide

Child Services

TN Dept of Children's Services	1106 Madison St. Shelbyville, TN 37160	931-680-6901	Children's Protective Services
First Choice Pregnancy Counseling	1102 Madison St. Shelbyville, TN 37160	931-680-0066	Pregnancy test, counseling, abortion information, referrals, STD and abstinence information, ultrasounds, baby needs, parenting classes.
Healthy Families Program	100 East Side Square Shelbyville, TN 37160	931-684-4676 Ext. 218	Information, education, services to first time parents/mothers of children less than 3 months of age.

<p>Help Us Grow Successfully (HUGS)</p>	<p>140 Dover St. Shelbyville, TN 37160 (Bedford Co. Health Dept)</p>	<p>931-490-8368</p>	<p>Case management program that provides home-based intervention services to pregnant/postpartum women, children birth through the age of five (5) years and their primary caregivers.</p>
<p>Imagination Library</p>	<p>100 South Main St. Shelbyville, TN 37160</p>	<p>931-684-7323</p>	<p>Supports literacy from birth to age 5.</p>
<p>Junior's House CAC/CASA</p>	<p>N/A</p>	<p>931-438-0727</p>	<p>Forensic interviewing for child sexual abuse.</p>
<p>Prevent Child Abuse</p>	<p>4721 Trousdale Dr. Suite 121 Nashville, TN 37220</p>	<p>615-383-0994</p>	<p>Statewide, private nonprofit agency that focuses on prevention for at-risk families in TN who need support during critical years. http://www.pcat.org/</p>

Clothing

<p>Community Outreach Partnership (C.O.P.)</p>		<p>931-703-9414 Larry Fletcher 931-639-3320 Joan Hall</p>	<p>Food boxes and Clothes Closet</p>
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Church of God of Prophecy (Angel Wings Program)	1014 West Lane St. Shelbyville, TN 37160	931-728-1825	Every third Thursday: food and clothing. Quarterly: medical screenings.
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Counseling/Mental Health

Acts of Faith	302 Fairway Green Rd. Shelbyville, TN 37160	931-808-2483	Group home for elderly and mentally challenged.
Agape Counseling	4555 Trousdale Dr. Nashville, TN 37204	615-781-3000	
Alzheimer's Association	201 Lincoln St. Tullahoma, TN 37388	931-455-3345	
Arrowhead Ranch	239 Cortner Mill Rd. Normandy, TN 37360	931-857-4000	Long term care facility - level 1 boys ages 10-18; provides a balanced family life during the remaining years of the boy's adolescence. http://www.arrowheadranchtn.net/
Caregivers Relief Program of Bedford County	500 Elm St. Shelbyville, TN 37162 (Christ Lutheran Church)	931-685-9039	Support for caregivers of persons with Alzheimer's Disease.

Centerstone	604 S. Wall St. Shelbyville, TN. 37162	931-684-0522 (Office) 800-681-7444 (Crisis) 888-291-4357 (Information)	Behavioral health services, substance abuse treatment, educational services. https://centerstone.org/locations/tennessee
Community Development Center	111 Eaglette Way Shelbyville, TN. 37160	931-684-8681 931-684-9203 931-684-7673 931-680-0094	Provides support and services to children, families and individuals with disabilities.
Contact Lifeline	P.O. Box 1614 Tullahoma, TN. 37388	931-684-7133	24 hr. Crisis hotline, Suicide, depression, referrals to other agencies.

<p>Crisis Line (24/7 TN Statewide toll-free)</p>	<p>855-274-7471</p>	<p>Call if you or someone you know is feeling sadness, loneliness, depression, anxiety, sleeping too much or too little, mood swings, desperation, powerlessness over drugs or alcohol, hearing voices or seeing things that others do not, racing thought, thoughts of harming yourself or others, helplessness, others are out to harm you.</p>
<p>Health Connect</p>	<p>132 Heritage Park Dr. Suite 2 Murfreesboro, TN. 37133</p>	<p>In-home casework, and counseling as well as Intensive Outpatient (IOP) for at-risk youth, families and communities. https://healthconnectamerica.com/counties.html</p>

KidLink Treatment Services (KTS)	110 Westwood Place Brentwood, TN. 37027	877-454-3703 800-726-4032	Mental health treatment program for youth who have characteristics of autism, cognitive delays, deafness, medically fragility, psychiatric/behavioral disorders, sexually abusive and/or reactive behaviors, and substance abuse issues.
Mental Health Cooperative	1203 Memorial Blvd. Suite E Murfreesboro, TN. 37129	615-904-6490	Provides service to children and adults who have mental health problems. Outpatient, TN. Care Provider and Safety Net; medication management, therapy and case management services. www.mhc-tn.org/locations/murfrreesboro-office
ReConnect Peer Support	1110 Woodbury St. Shelbyville, TN. 37160	931-685-9330	Case Management program of Centerstone for mental health treatment, especially anxiety, stress, and depression.

Senior Citizen Center	111 J.G. Helton Dr. Shelbyville, TN. 37160	931-684-0019	Daily activities, workshops.
Skills Development Service	111 Prince St. Shelbyville, TN. 37160	931-684-6976	Helps individuals with intellectual/developmental disabilities through residential/day services, personal assistance, and early intervention.
Youth Villages	115 Dyer St. Columbia, TN. 38401	931-560-4220	Services emotionally troubled young people through intensive in-home services, foster care, transitional living, adoption, and specialized crisis services.

Court/Legal

Legal Aid Society	281 Industrial Blvd. Tullahoma, TN. 37388	931-455-7000 866-898-0171	Legal advice and resources.
Rule 31 Listed Family Mediator (David Brown, CPA)	100 Public Square East Shelbyville, TN. 37160	931-684-1010	Divorce and Conflict Mediation, Marital Asset Distribution, Parenting Plan Development. www.cpadavidbrown.com

Daycares

Ms. Menza's Day Care	403 Belmont Ave. Shelbyville, TN. 37160	931-684-5252	
Early Head Start	515 Tillman St. Shelbyville, TN. 37160	931-685-0876	
Barnyard Kids	330 Bethany Lane Shelbyville, TN. 37160	931-684-4332	

Disaster Relief

American Red Cross	501 Memorial Blvd. Murfreesboro, TN. 37129	615-893-4272	Disaster relief, support.
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Domestic Violence

Haven of Hope	304 East Depot St. Shelbyville, TN. 37160 (First Baptist)	931-684-1634	Domestic abuse shelter that provided case management, counseling, housing assistance, crisis intervention, education, advocacy.
Parent and Domestic Violence Helpline		800-356-6767	For domestic violence help. Spanish and English speaking counselors.

Drug and Alcohol Awareness/Rehab

Alcoholics Anonymous Central Office	417 Welshwood Suite 207 Nashville, TN. 37211	615-831-1050	Hotline for those who suffer from alcoholism.
Fresh Start Ministries		931-808-3042	Recovery home for men. http://www.fresh-start-ministries.org/
Tennessee Tobacco Quitline		1-800-QUIT-NOW	Program to quit smoking. http://www.tnquitline.com/
Tony Rice Center	1618 Railroad Ave. Shelbyville, TN. 37160	931-685-5017	Offers the caring, safe, and supportive environment that is necessary to begin a new and meaningful start from co-occurring disorders and addiction.
Women of Grace	P.O. Box 379 Shelbyville, TN. 37162	931-492-6676	Recovery home for women. http://www.women-of-grace.org

Volunteer Treatment Center Inc.	2347 Rossville Boulevard Chattanooga, TN. 37408	855-244-7804	Outpatient substance abuse treatment center. Accepts pregnant women.
The Florence Crittenton Agency	1531 Dick Lonas Road Knoxville, TN. 37909	865-602-2021	Residential and outpatient treatment programs. Accepts pregnant women.
Lloyd C. Elam Mental Health Center	1005 Dr. D.B. Todd, Jr. Boulevard Suite 2021 A Nashville, TN. 37208	615-327-6255	Provides mental health and rehabilitation services that include, but are not limited to: Substance abuse treatment, Detoxification, Outpatient, inpatient and residential services. Programs and groups for adolescents, persons with co-occurring mental and substance abuse disorders, pregnant and postpartum women, women, and men.

Education (Child & Continuing)

Adult Learning Center	326 East Depot St. Shelbyville, TN. 37160	931-684-8635	Adult Learning Center, GED
Catholic Charities of TN., Inc.	30 White Bridge Road Nashville, TN. 37205 (other locations available)	615-352-3087 (Office) 615--760-4436 (Material Assistance)	Provides in home educational services for parents.
Early Head Start (Bedford)	515 Tillman Street Shelbyville, TN. 37160	931-685-0876	Enrolls children 6 weeks to 3 years old.
Financial Health	P.O. Box 196 Bell Buckle, TN. 37020	931-205-7152	Basic budgeting: investment for the future, debt recovery, and insurance planning. mailto: isterchak@gmail.com
Middle TN Education Center (MTEC)	200 Dover St. Suite J Shelbyville, TN. 37160	931-685-4444	Partnership between Bedford County, MTSU, and Motlow.
Motlow State Community College (MSCC)	6015 Ledford Mill Road Tullahoma, TN. 37388	800-654-4877	

Tennessee Vocational Rehabilitation	1618 Railroad Ave. Shelbyville, TN. 37160	931-684-6818	Career connecting/training for individuals with disabilities: program of the TN. Dept. of Human Services Division of Rehabilitation Services. http://state.tn.us/humanserv/st_map_trc.tap.html
Truth and Nails Technical Center	219 Anthony Lane Shelbyville, TN. 37160 (training location) 988 Warner Bridge Road Shelbyville, TN. 37160 (Office)	931-680-9555	Faith-based mentoring and trade skills such as metalworking, woodworking, home repair/remodeling, auto repair, and finish coating skills. http://www.truthandnailstechcenter.com/
School Age Care Program (SACP)	500 Madison Street Shelbyville, TN. 37160	931-684-3285 Ext. 1-2231	Quality before and after school child care for K-8th grade children. Opens at 6 am in the morning and from school dismissal time until 6pm.

Employment

Coffee County Mid-South Career Center & Unemployment Benefit Information	111 East Lincoln Street Tullahoma, TN. 37388	800-344-8337 Or 931-454-1964	Serving Bedford, Coffee, Franklin, Grundy, Lincoln, Moore, Van Buren and Warren Counties.
Cumberland Professional Search	147 Coble Road Shelbyville, TN. 37160	931-680-1110	Employment Agency
Elwood Staffing	1103 NW Broad St. Suite C Murfreesboro, TN. 37129	615-295-2405	Employment Agency
Express Employment Professionals	925 S. Church Street Murfreesboro, TN. 37130	615-896-2505	Employment Agency
Family Staffing Solution	119 McGrew Street Shelbyville, TN. 37160	931-680-2771	Employment Agency
Iws Logistics	200 Industrial Blvd. Tullahoma, TN. 37388	931-455-6918	Employment Agency
Randstad Manufacturing & Logistics	2111 N. Jackson Street Suite 112 Tullahoma, TN. 37388	931-455-8927	Employment Agency
Resource MFG.	1802 N. Jackson Street Suite 840 Tullahoma, TN. 37388	931-455-6004	Employment Agency

Staffmark	1411 N. Jackson Street Tullahoma, TN. 37388	931-455-6060	Employment Agency
Workforce Solutions	301 N. Main Street Shelbyville, TN. 37160	931-680-1110	Employment Agency

Food

Community Outreach Partnership (C.O.P.)		931-703-9414 Larry Fletcher 931-639-3320 Joan Hall	Food boxes and Clothes Closet
Fairlane Church of Christ	101 Dow Dr. Shelbyville, TN. 37160	931-684-1583	Food boxes available
Journey of Hope (Midland Baptist Church)	3109 Midland-Fosterville Road Bell Buckle, TN. 37020	615-713-0572	Food
Lifesong Family Church of Shelbyville	2011 S. Cannon Blvd. Shelbyville, TN. 37160	931-359-6112	3rd Thursday 4-6pm or until food is gone
Senior Citizen Center	111 J.G. Helton Dr. Shelbyville, TN. 37160	931-684-0019	Meals on wheels, hot lunches daily
Shelbyville Mills Baptist	900 Union Street Shelbyville, TN. 37160	931-684-3625	Food boxes Wednesday evenings by appointment.

South Central Human Resources	210 S. Main Street Shelbyville, TN. 37160	931-684-3015	Financial Assistance, meals for elderly, in home care, protective services.
St. William Catholic Church	500 South Brittain Street Shelbyville, TN. 37160	931-684-8745	Food boxes

Housing

Shelbyville Housing Authority	316 Templeton Street Shelbyville, TN. 37160	931-684-1341	
Fayetteville Housing Authority	402 Calhoun Avenue Fayetteville, TN. 37334	931-433-1587	
Good Samantan	201 E. Highland Avenue Shelbyville, TN. 37160	931-684-8160	
Room at the Inn Day Shelter	640 W. Main Street Murfreesboro, TN. 37129	615-896-7016	
Shepard's House		931-393-4818	

Medical

Department of Human Services	905 Madison Street Shelbyville, TN. 37160	931-685-5006	Food stamps, Families First, Certificates, Medicaid, TennCare
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Heritage Medical Center	2835 Hwy. 231 N. Shelbyville, TN. 37160	931-685-5433	
Northside Urgent Care	1701 N. Main Street Suite E Shelbyville, TN. 37160	931-684-1990	
Bedford County Health Department	140 Dover Street Shelbyville, TN. 37160	931-684-3426	
Lincoln County Health Department	106 Medical Center Blvd. Fayetteville, TN. 37334	931-438-0246	

Military and Veteran

Bedford County TN. Veterans Service Office	Room 105 Courthouse Shelbyville, TN. 37160	931-685-4838	Veterans Affairs Office
Military OneSource - Military Information and Referral/Non-Medical Counseling		800-342-9647	Social Services for Military Personnel, Military Family Service/Support Centers, Talk lines/Warm lines. www.militaryonesource.mil/
Tennessee Department of Veterans Services	312 Rosa L Parks Ave. Nashville, TN. 37243	615-147-2931	Veterans affairs department in Nashville. Tennessee
Veterans Administration Hospital	1310 24th Ave. S. Nashville, TN. 37212	615-327-4751	

Women Veterans Health Care	1919 Charlotte Ave. Suite 300 Nashville, TN. 37203	615-327-4751	
VA Tennessee Valley HealthCare (Alvin C. York)	3400 Lebanon Pike Murfreesboro, TN. 37129	615-867-6000	

Shelter

Room at the Inn Shelter	640 W. Main Street Murfreesboro, TN. 37129	615-896-7016	
Salvation Army	1137 W. Main Street Murfreesboro, TN. 37129	615-895-7071	

Financial Counseling

Consumer Credit Counseling Services	Public Square N. Shelbyville, TN.	931-680-9716	Free Credit and Debt Counseling Services
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Transportation

South Central TN. Development District Transportation	Bedford County	931-684-0019	
	Coffee County	931-455-1787	
	Marshall	931-359-1463	
	Moore County	931-759-7317	
	Lincoln County	931-433-7271	
	Franklin County	931-967-0741	
	Giles County	931-363-6610	
	Maury County	931-388-9595	

Non-English Speaking

Bedford County Schools	500 Madison Street She3087 byville, TN. 37160	931-684-3284	Helps students whose first language is other than English. www.state.tn.us/education/fedprog/fp/eslresources.shtml
Catholic Charities of Tennessee, Inc.	2806 McGavock Pike Nashville, TN. 37214	615-352-3087	Provides counseling, assistance in completing immigration forms and photographs to individuals seeking assistance in most immigration matters.
Tennessee Immigrant & Refugee Rights Coalition (TIRRC)	2195 Nolensville Pike Nashville, TN. 37211	615-833-0384	Rights Coalition www.tnimmigrant.org

Low Cost Banking

People's Bank of Bedford County	1122 N Main Street Shelbyville, TN. 37160	931-684-7222	Checking & Savings Accounts
First Community Bank of Bedford County	207 Elm Street Shelbyville, TN. 37160	931-684-5800	Checking & Savings Accounts

First Community Bank	1051 Madison Street Shelbyville, TN. 37160	931-685-1400	Checking & Savings Accounts
First Bank	508 Madison Street Shelbyville, TN. 37160	931-680-7580	Checking & Savings Accounts

Utilities/Phone

Bedford County Utility District	214 Bethany Lane Shelbyville, TN. 37160	931-684-1667	
Shelbyville Power System	308 S. Main Street Shelbyville, TN. 37160	931-684-7171	
Bedford County Water	219 Wheel Road Shelbyville, TN. 37160	931-294-5117	